



# R.A.F.M.A.N Club Foundation, Inc.

## Retired Air Force, Marine, Army & Navy

Issue 196

May 11, 2024

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### Thanks

to all of you who  
continually  
contribute to the  
newsletter.

**\*All** Articles and  
credits are due by  
the **First Saturday**  
**of each month.**

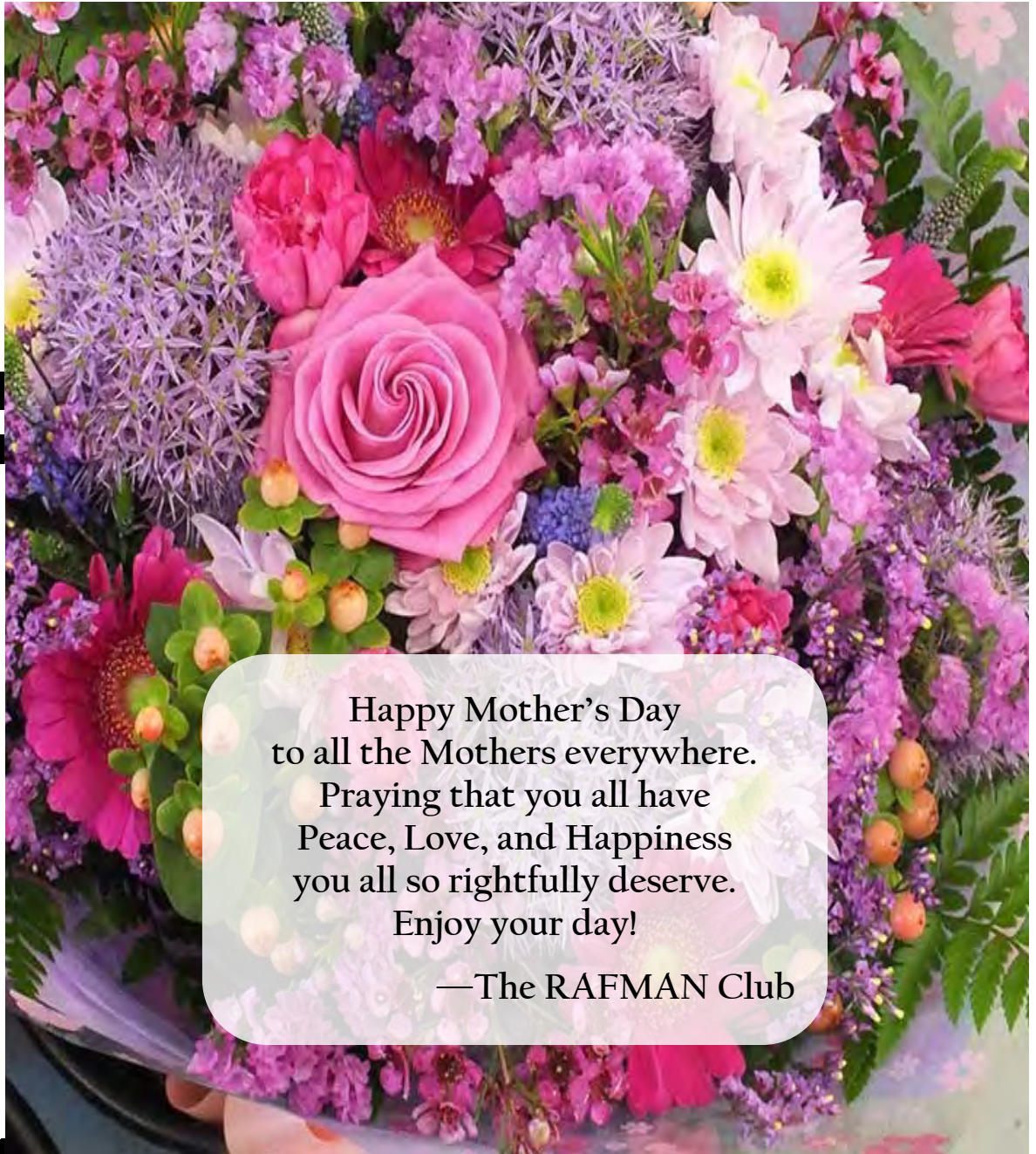
—President Jarvis



**National Military  
Appreciation  
Month**

Rev. 05/30/2020...vwf

# Happy MOTHER'S Day



Happy Mother's Day  
to all the Mothers everywhere.  
Praying that you all have  
Peace, Love, and Happiness  
you all so rightfully deserve.  
Enjoy your day!

—The RAFMAN Club



In Honor of Mother's this article from familytoday.com is in lieu of the President's Message. Enjoy!



## The Power And Influence Of Mothers On Society

Mothers can have a positive impact on society by raising kids who know who they are and teaching them to be responsible and respectable citizens.

By Wendy Jessen

Our part, as mothers, does matter - greatly. Mothers are the core strength of the home. What happens in individual homes can affect society, both positively and negatively. We need to cultivate healthy and functional homes for our children.

### Mothers influence by example

Children look up to their mothers and often imitate their behavior. It is of paramount importance for mothers to set a positive example for their children. The hypocritical old saying, "do as I say, not as I do" will not work. Children often repeat whatever behavior they observe, regardless of what they are told.

### Respect starts at home

If you want your children to be respectful, you have to be respectful yourself. It is necessary to be respectful toward your spouse, leaders, the law and others such as teachers and the elderly. Even if you disagree with something, you can still find a way to be kind and respectful. Your attitudes will be reflected through your children. Also, if you want your children to respect you, you need to respect them.

### Teach your children to know who they really are

Dalton explains that we are all children of God. This knowledge can help children and adults to act accordingly. With this divine heritage, we can find strength to live better and help others to do so also. Knowing who we are can make all the difference in how we think and act.

#### All Members Take Note:

#### **Club Meeting**

**Saturday, May 11., 2024**

Host: RAFMAN Donald Durant

**12:30 PM— Meet for Lunch**

8032 International Dr. Orlando

**3:00 PM — Club Meeting**

L. Claudia Allen Senior Center

1840 Mable Butler Ave.

Orlando, FL 32805

**Keep Safe!**

## "Act well thy part."

As mothers and parents, we must always be striving to "act well thy part." Whether we need to work on patience, love, understanding, forgiveness, responsibility, organizing or even cooking, that is our job that we signed up for as parents. How can we teach our kids to do their best if we are not similarly trying to achieve our best? Teach your child how to be their best self regardless of circumstances and backgrounds.

## Home is the foundation upon which society is built

If homes around the world are failing, the result is a failing society. We need to raise children who are strong enough to withstand the inevitable temptations and trials they will face. It is an individual as well as a collective effort.

## Nurturing and love at home are key

Like sunshine and water are necessary for plants, children need to be loved and nurtured. Above all else, provide a home that is full of love and safety for your children. Through this, they will not only gain a strong foundation of love, but will also be more willing to accept what you are teaching them.

If you're thinking that as one mom you can't change the world, consider this quote by Anita Roddick, the late founder of The Body Shop, "If you think you're too small to have an impact, try going to bed with a mosquito." Though somewhat humorous, the point is clear: even one individual can have an influence on society - good or bad.

We matter. You matter. You can make a powerful difference in the world by simply making a difference in your own family.

Finally, this quote by religious leader Gordon B. Hinckley sums it all up:

"We must never lose sight of the strength of the women. "❖ It is mothers who most directly affect the lives of their children. "❖ It is mothers who nurture them and bring them up in the ways of the Lord. Their influence is paramount. "❖

""❖ They are the creators of life. They are the nurturers of children. They are the teachers of young women. They are our indispensable companions. They are our co-workers in building the kingdom of God. How great is their role, how marvelous their contribution."❖

Submitted by  
Arthur Jarvis, President  
RAFMAN Club.

PS. I think this article really touches on the role of a Mother.



THE COUNTDOWN HAS BEGUN  
**THE RAFMAN CLUB, INC.**  
WILL CELEBRATE ITS



OCTOBER 27, 2024



RETIRED AIR FORCE, MARINE, ARMY, NAVY  
*"Men and Women Striving Together  
to Make This A Better Community for All Concerned."*



*\*Please mark your calendar and include us in your budget!*



## RAFMAN CLUB FOUNDATION, INC.

(Retired Air Force, Marine, Army, Navy)

P. O. Box 555883, Orlando, FL 32855-5883

Phone: (407) 734-5794

Email: [rafmanclub@bellsouth.net](mailto:rafmanclub@bellsouth.net) / Website: [www.rafmanclubfoundation.org](http://www.rafmanclubfoundation.org)

March 1, 2024

Letter of Solicitation

Greetings from the RAFMAN Club Foundation, Inc.

The RAFMAN Club Foundation, Inc. is a 501 (C)(3) nonprofit organization incorporated under the laws of the state of Florida and includes military veterans retired and non-retired from the Air Force, Marine, Army and Navy. The club's motto makes our mission clear: *"Men and women striving together to make a better community for all concerned."* The RAFMAN Foundation is part of the RAFMAN Club which has served the Central Florida Community since October 1974.

Our goal: To utilize fundraisers to help provide support for families in need in the community!

It is a blessing and privilege to help others and we need your help to continue to serve our community. Listed below are five (5) annual events which you may support. We thank you in advance for your generous donation (no amount is too small).

- First, we support adults seeking higher education. In 1996, we established a scholarship with the Valencia College Foundation and through our fundraisers we have donated approximately \$100,000.00 in scholarships to Valencia's students.
- Second, in June we support our seniors by donating to the L. Claudia Allen Senior Center for their Annual Seniors Summer Celebration.
- Third, we provide fifty (50) families in need with a complete food basket during the Thanksgiving and Christmas Holiday Season.
- Fourth, in December we host a senior citizens' Christmas celebration at the L. Claudia Allen Seniors Center for approximately 115 to 125 seniors with a complete meal, entertainment, and a \$25.00 gift.
- Fifth, we support our local government by donating toys to the Orange County Mayor's Holiday Toys Drive for underprivileged families with children and youth in Orange County.

Please complete the attached contribution form with your contact information, select the annual event(s) that you will support, and the amount(s) of your donation. Then, retain a copy of the form for your tax record. Make your check payable to the RAFMAN Club Foundation. Your donation to our 501(C)3 non-profit organization is tax deductible. If you have any questions, please do not hesitate to contact us. Thank you again for your generous donation.

Sincerely,

*Arthur Jarvis*

Mr. Arthur Jarvis, President  
RAFMAN Club, Inc.



**RAFMAN CLUB FOUNDATION, INC.  
SPONSOR CONTRIBUTION FORM - 2024**

<input checked="" type="checkbox"/> Select: <b><u>ANNUAL EVENT</u></b>	<input checked="" type="checkbox"/> Select: <b><u>DONATION AMOUNT</u></b>	<b><u>SUBTOTAL</u></b>
<input type="checkbox"/> RAFMAN/Valencia College Scholarship	<input type="checkbox"/> \$1,000 <input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<input type="checkbox"/> Valencia Credit Hours (*Credit Hours)	<input type="checkbox"/> 3 CH \$309.18 <input type="checkbox"/> 1 CH \$103.06 <input type="checkbox"/> 2 CH \$206.12 <input type="checkbox"/> Other _____	
<input type="checkbox"/> Seniors Summer Celebration	<input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<input type="checkbox"/> Thanksgiving Basket Giveaway	<input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<input type="checkbox"/> Christmas Basket Giveaway	<input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<input type="checkbox"/> RAFMAN Christmas Celebration for Seniors	<input type="checkbox"/> \$1,000 <input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<input type="checkbox"/> RAFMAN Toy Drive Giveaway	<input type="checkbox"/> \$500 <input type="checkbox"/> \$250 <input type="checkbox"/> \$100 <input type="checkbox"/> \$50	
<b>THANK YOU!</b>		<b>TOTAL</b>

Please Print Sponsor's Name

Company or Organization

Address

City

State

ZIP

Phone

E-mail

☐ I am enclosing a check (# \_\_\_\_\_) payable to RAFMAN Club Foundation in the amount of \$ \_\_\_\_\_.

Signature

The RAFMAN CLUB FOUNDATION, INC. is a 501(C)3 nonprofit organization incorporated under the laws of the State of Florida.

Mail To:

**RAFMAN CLUB FOUNDATION, INC.**  
P. O. BOX 555883  
ORLANDO FL 32855-5883

*"Men and women striving together to make a better community for all concerned."*

## National Military Appreciation Month

**Certainly! May is a significant month for honoring and recognizing the contributions of our military. Here are some important military days in May:**

1. **Loyalty Day** (May 1): A day to reaffirm loyalty to the United States and recognize the importance of citizenship.
2. **VE Day (Victory in Europe Day)** ([May 8](#)): [Commemorates the end of World War II in Europe in 1945 when Nazi Germany surrendered](#)<sup>1</sup>.
3. **Military Spouse Appreciation Day** (Friday before Mother's Day): A day to honor the spouses of military service members for their sacrifices and support.
4. **Armed Forces Week** (May 11-18, 2024): A week-long celebration to recognize and appreciate the contributions of all branches of the U.S. [military](#)
5. **Memorial Day** (Last Monday in May): A solemn day to honor and remember the men and women who died while serving in the U.S. Armed Forces.

Throughout May, publicly honor our military personnel and express gratitude for their service and sacrifices.

### Victory in Europe Day (VE Day)

**Victory in Europe Day (VE Day)**, also known as **V-E Day**, marks the formal acceptance by the Allies of World War II of Germany's unconditional surrender of its armed forces. It took place on **Tuesday, May 8, 1945**. This momentous occasion signified the official end of World War II in Europe, particularly on the Eastern Front. The last known shots were fired on **May 11**. In the United Kingdom, it is often abbreviated as **VE Day** and has been commemorated annually since then. Crowds gathered in celebration throughout the Western world, with more than one million people celebrating in the streets across the UK to mark the end of the European part of the war. Prime Minister Winston Churchill made a radio announcement at 3 pm on May 8, 1945, confirming that the war in Europe had come to an end following Germany's surrender the day before

### Friday, May 10 Military Spouse Appreciation Day

The United States government has designated **Friday, May 10**, as Military Spouse Appreciation Day, a day to recognize the contributions and sacrifices military spouses make in service to the nation. Introduced by Ronald Reagan in 1984, Military Spouse Appreciation Day was formally adopted by Congress in 1999 to celebrate military spouses.



## MEMORIAL DAY

REMEMBER AND HONOR

MONDAY MAY 27, 2024

### Memorial Day Meaning and Memorial Day History

Memorial Day commemorates all men and women who have died in U.S. military service. It's not to be confused with Veterans Day, which celebrates the service of U.S. military veterans, or with Armed Forces Day, which honors men and women currently in service.

Memorial Day began a few years after the Civil War, in 1868. An organization of Union veterans established the holiday, then known as Decoration Day, as a time to decorate the graves of fallen soldiers with flowers. From then until the present day, the solemn holiday has been formally observed at Arlington National Cemetery in Washington, D.C.

In 2000, Congress passed the National Moment of Remembrance Act, which encourages Americans to observe a moment of silence at 3 p.m. local time to remember those who have died in service.

"I am oppressed with a sense of the impropriety of uttering words on this occasion," then-Congressman James Garfield said in an 1868 Decoration Day address at Arlington, which still captures the true meaning of Memorial Day today. "If silence is ever golden, it must be here beside the graves of fifteen thousand men, whose lives were more significant than speech, and whose death was a poem, the music of which can never be sung."

## Memorial Day Facts

Memorial Day was originally known as Decoration Day.

The holiday began as a way to honor soldiers who died in the Civil War, but the day now honors all U.S. veterans who have sacrificed their lives.

There's a specific way to display the American flag on Memorial Day, according to the U.S. Flag Code: hoist the flag quickly up to full staff at sunrise, then lower to half-staff until noon, and then return to the top of the staff.

Many veterans, as well as friends and family of veterans, make a pilgrimage to the Vietnam Veterans Memorial in Washington, D.C., over Memorial Day weekend.

In 1971, Memorial Day was established as a federal holiday taking place on the last Monday in May.

Poppies have become a symbol of Memorial Day because they are mentioned in a 1915 poem by Canadian soldier John McCrae, "In Flanders Fields."

Many Americans mark Memorial Day with an official moment of remembrance at 3 p.m. local time.

During the 3 p.m. moment of remembrance on Memorial Day, Amtrak conductors sound one long whistle in honor of those who have died in service.

Traditionally, American presidents give a Memorial Day speech at Arlington National Cemetery at the Tomb of the Unknown Soldier.

New York was the first state to recognize Memorial Day as an official holiday.

Some Southern states celebrate a Confederate Memorial Day, or Confederate Heroes Day, in late April, remembering the Confederate soldiers who died during the Civil War.

The first Indianapolis 500 race took place on Memorial Day in 1911.

The Lincoln Memorial was dedicated by then-Chief Justice William Taft on Memorial Day in 1922.



# How 96-Year-Old Activist Opal Lee Became the “Grandmother of Juneteenth”

Lee earned a Nobel Peace Prize nomination in 2022 for her part in creating the Juneteenth holiday. By [Colin McEvoy](#)

PUBLISHED: JUN 16, 2023 2:01 PM EDT



Submitted by  
Donald Durant

Getty Images



For decades, Opal Lee campaigned to make Juneteenth a national holiday. She never doubted it would happen one day, but she was determined to see it occur during her lifetime.

In 2021, she got her wish when President Joe Biden signed a bill declaring June 19 a federal holiday to commemorate the end of slavery in the United States. It happened in no small part due to Lee's efforts, earning her the nickname “The Grandmother of Juneteenth,” as well as a nomination for the Nobel Peace Prize this past year, which she ultimately didn't win.

Now 96, Lee captured the world's attention during a series of symbolic walks from her home in

Fort Worth, Texas, to the U.S. capital, beginning in late 2016, to advocate for the national holiday. She also spearheaded an online petition that she hoped would draw 100,000 signatures. It ended up with 1.6 million.

“I just remember thinking, ‘Gee, I’m 89 years old, and I think that there’s lots more that needs to be done,’” Lee said of her famous walks, which generated national news coverage and support from celebrities such as Usher, Pharrell Williams, and Lupita Nyong’o.

Lee's passion for Juneteenth is rooted in her appreciation for its history and her own personal experiences, both of which have left a lasting impact that's fueled her activism.

## A Personal Connection to Juneteenth

Lee was born in Marshall, Texas, in 1926, the eldest of three children. Her family moved to Fort Worth when she was 10, and two years later, she watched as 500 white rioters burned down her home, angry at the family for moving into a predominantly white neighborhood.

“The people didn't want us,” Lee said. “They started gathering. The paper said the police couldn't control the mob. My father came with a gun, and police told them if he busted a cap, they'd let the mob have us. They started throwing things at the house, and when they left, they took out the furniture and burned it and burned the house.”

The fire took place on Juneteenth—June 19, 1939—and the significance of the date wasn't lost on Lee. “The fact that it happened on the 19th day of June has spurred me to make people understand that Juneteenth is not just a festival,” she said.



### Sick n' Shut-ins:

Thanking God for His keeping power.

### To Bereaved Families:

Our Prayers and Condolences to Families Everywhere: loved ones who have passed away due to natural death, sickness, hurricanes, tornados, wars, hate crimes, and mass shootings



**Our Daily Bread**  
odb.org

### **Leaving a Spiritual Legacy**

*I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice. 2 Timothy 1:5*

As teens, my sister and I didn't understand my mom's decision to receive Jesus as her Savior, but we couldn't deny the changes we saw in her. She had more peace and joy and began faithfully serving at church. She had such a hunger for studying the Bible that she attended and graduated from seminary. A few years after my mom's decision, my sister accepted Christ and started serving Him. And a few years after that, I also placed my trust in Jesus and started serving Him. Many years later, my father joined us in believing in Him as well. My mom's decision for Christ created a life-changing ripple effect among our immediate and extended family.

When the apostle Paul wrote his final letter to Timothy and encouraged him to persevere in his faith in Jesus, he noted Timothy's spiritual heritage. "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also" (2 Timothy 1:5).

Moms and grandmoms, your decisions can affect generations.

How beautiful that Timothy's mom and grandmom helped nurture his faith so he could become the man God was calling him to be.

On this Mother's Day and beyond, let's honor mothers who've made a decision to follow Jesus.



## *Mother In Heaven*

*If Roses grow in Heaven Lord,  
please pick a bunch for me.  
Place them in my Mother's arms  
and tell her they're from me.*

*Tell her that I love her and miss her,  
and when she turns to smile,  
Place a kiss upon her cheek  
and hold her for awhile.*

*Because remembering her is easy,  
I do it every day,  
But there's an ache within my heart  
that will never go away.*

[allgreatquotes.com](http://allgreatquotes.com)

Let's also leave a spiritual legacy for our loved ones.  
By Nancy Gavilanes

### **SCRIPTURE: 2 Timothy 1:3-5**

"I thank God, whom I serve, as my ancestors did, with a clear conscience, as night and day I constantly remember you in my prayers. 4 Recalling your tears, I long to see you, so that I may be filled with joy. 5 I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also."

**REFLECT:** Which godly women can you honor today? What kind of spiritual legacy would you like to leave for others?

**PRAY:** Father God, thank You for godly mothers. Please help me to also leave a spiritual legacy for others.

Scripture—<https://www.biblegateway.com...NIV>

<https://odb.org/>

Their mission is to make the life-changing wisdom of the Bible understandable and accessible to all.

**Our Daily Bread Ministries** —Posted May 12, 2024.  
Their mission is to make the life-changing wisdom of the Bible understandable and accessible to all.

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Our Daily Bread Ministries | PO Box 2222 | Grand Rapids, MI 49501-2222

**MAY 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>National Military Appreciation Month</b>		Month of the Military Caregiver	1 Silver Star Service Banner Day	2 National Day of Prayer	3	4
5	6	7	8	9	10	11
***National Correctional Officers' Week & Public Service Recognition Week (PSRW / First Full Week)***						
	Nurses Week 5/6-12		VE Day		Military Spouse Appreciation	*Armed Forces Week Begins*
12 Mother's Day	13 Children of Fallen Patriots	14	15 Peace Officers' Memorial Day	16	17	18 <b>Armed Forces Day</b>
<b>*Armed Forces Week May 11-18, 2024</b>						
19	20	21	22	23	24	25
26	27 <b>MEMORIAL DAY</b>	28	29	30 Loretta Cockerl	31	
						<b>Veteran.com</b> ★ COMMUNITY

<https://militarybenefits.info/national-vietnam-war-veterans-day/>
<https://www.hfotusa.org/important-military-holidays-and-observances-fo3r-2024/>
<http://www.holidays-and-observances.com/military-holidays.html...>
<https://www.timeanddate.com/holidays/us/2024>
**JUNE 2024**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>PTSD Awareness Month</b>				<b>Veteran.com</b> ★ COMMUNITY		1
2	3	4 Mary Stoves	5 Mary Dixson	6 D-Day	7	8
9	10	11	12 Women Veterans Day	13	14 <b>ARMY BIRTHDAY</b> <b>U.S. FLAG DAY</b>	15
16 Father's Day	17	18	19 Juneteenth	20	21	22
23 Coast Guard Auxiliary Birthday ----- 30	24	25	26	27 PTSD Awareness Day	28	29



RETIRED...

**R.A.F.M.A.N Club Foundation, Inc.**



Motto:

"Men Striving Together to Make This A Better  
Community for All Concerned."

The RAFMAN Club Foundation is a 501(C) (3) non-profit organization that consist of military veterans providing academic scholarships to students, social service for senior citizen, youth mentoring and civic outreach for those in need within the Central Florida Community.

R.A.F.M.A.N Club Foundation, Inc.

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Alternate/ President Arthur Jarvis: (407) 426-1266



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Stamp  
Here

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